

Northquest — Concept Poster

Print this and pin it up — an at-a-glance map of the Northquest cast and the ideas each one carries. Come back to it whenever you want to remember who teaches what.

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Meet the cast — and what each one teaches

Character	What they carry
Kestrel	Values & interests clarification
Casper	Exploration / informational interviewing
Linnea	Decision under uncertainty
Rafferty	Future-self / future orientation
Tamsin	Strengths
Corin	(Mentor) — guides reflect-on-approach

Key ideas at a glance

The big concepts this cast helps you master:

- Values & interests clarification (as a skill)
- Strengths identification
- Exploration mindset

- Asking real people about real paths
 - Decision-making without full information
 - Future orientation
 - Purpose & meaning (self-authorship)
 - Integrating values, strengths, and a next step
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