

MedicQuest — Concept Poster

Print this and pin it up — an at-a-glance map of the MedicQuest cast and the ideas each one carries. Come back to it whenever you want to remember who teaches what.

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Meet the cast — and what each one teaches

Character	What they carry
Notice	Symptom-noticing without alarm — most symptoms are minor + temporary; notice without catastrophizing
Ask	Clinical-history-taking + questioning — your questions are MEDICAL EVIDENCE; never feel silly asking
Boundary	Body-autonomy + consent — your body is YOURS; ask-first is universal; pangolin curl-pose models self-protection-as-positive
Tell	Help-seeking from a trusted adult — telling is the most powerful medical move (shared design language with SafetyForge Wave 24 Tell — cross-app continuity)
Whole	Wellness-as-multi-factor-system — health is sleep + food + movement + relationships + meaning + safety; never single-factor; explicit health-equity foregrounding

Key ideas at a glance

The big concepts this cast helps you master:

- Body Systems Basics
 - Symptoms and Diagnosis
 - First Aid Essentials
 - Vital Signs and Patient Assessment
 - Disease and Prevention
 - Diagnostic Testing and Medical Technology
 - Outbreak Investigation and Epidemiology
 - Complex Medical Cases Capstone
 - Medical Science & Health
 - Allergies
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