

ImprovQuest — Concept Poster

Print this and pin it up — an at-a-glance map of the ImprovQuest cast and the ideas each one carries. Come back to it whenever you want to remember who teaches what.

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Meet the cast — and what each one teaches

Character	What they carry
Give	Yes-and / offer-acceptance — make-your-partner-look-good cooperative posture (the gift-orb metaphor)
Hark	Listening — receiving-before-responding discipline (the answer is in what your partner just said)
Don	Character work + physicality — body-finds-voice, find-ONE-thing approach
Lay	Scene-building + narrative — patient platform-before-plot foundation-laying (who/where/what/why)
Leap	Risk-tolerance + commitment — leap-and-the-net-appears; worst-commit-beats-best-half-commit
Ache	Emotional truth (playing a real feeling so the scene lands)
Ground	Justification (giving every choice a reason the audience believes)
Mime	Object and space work (making an invisible object real through consistent handling)
Poise	Status (how high or low a character carries themselves shapes the scene)
Steep	Heightening (raising the stakes of the one unusual thing, step by step)

Key ideas at a glance

The big concepts this cast helps you master:

- Improv Fundamentals and 'Yes, And...'
- Improv Games and Short-Form Formats
- Character Creation and Physicality
- Storytelling and Narrative Improv

- Collaborative Scene Work and Ensemble Skills
 - Voice, Emotion, and Comedic Timing
 - Applied Improv and Life Skills
 - Long-Form Improv and Performance Mastery
 - Improv & Theater
 - Improv Fundamentals
 - Improv Skills
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