

Feelingfriends — Concept

Poster

Print this and pin it up — an at-a-glance map of the Feelingfriends cast and the ideas each one carries. Come back to it whenever you want to remember who teaches what.

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Meet the cast — and what each one teaches

Character	What they carry
Momo	Naming feelings (hero) — a soft monster who puts a NAME to a feeling; naming the feeling IS emotional awareness
Facey	Reading faces — a cat who matches a face to the feeling it shows; the expression IS the clue
Sensa	Situation → feeling — a rabbit who figures out how someone feels from what happened
Comfy	Empathy in action — a dog who chooses what would help someone feel better; the helpful choice IS empathy

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