

ActiveForge – Joke Book

A Spark & Anvil joke book. Groan-worthy puns, tricky riddles, silly nonsense, and real fun facts from the world of ActiveForge – read them out loud and make someone laugh.

Why did the yoga mat break up with the treadmill?

It needed more space to stretch things out!

How to use this book

Read a joke, pause at the question, and try to guess the answer before you read on. Best of all: read them out loud to a friend, a grown-up, or your class. A good laugh makes the tricky stuff easier – that's real science.

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Puns

Why did the yoga mat break up with the treadmill?

💡 It needed more space to stretch things out!

What do you call a dinosaur that does ballet?

💡 A tutu-saurus rex!

Why was the basketball court always wet?

💡 Because the players kept dribbling!

What's a sprinter's favorite subject in school?

💡 Jog-raphy!

Why did the soccer ball go to the doctor?

💡 It was feeling deflated!

What kind of exercise do lazy people do?

💡 Diddly squats!

Why did the hip-hop dancer bring a notebook?

💡 To drop some sick beats and take notes!

What do you call a bear that does push-ups?

💡 A muscle bear -- but honestly, all bears have muscles!

Why did the gym close down?

💡 It just didn't work out!

What dance do all astronauts know?

💡 The moonwalk!

Why don't swimmers ever get lost?

💡 They always stay in their lane!

What do you call a martial arts champion who also bakes?

💡 A black belt in ka-roll-te!

Why did the dancer bring a ladder to class?

💡 To reach new heights in her leaps!

What's the difference between a poorly dressed person on a trampoline and a well-dressed one?

💡 Attire!

Why did the muscle go to school?

💡 To get a little more toned -- er, educated!

What do you call someone who's excellent at both ballet and karate?

💡 A kick-step expert!

Why did the heartbeat become a DJ?

💡 It already had the best tempo for cardio!

What did the stopwatch say to the runner?

💡 "I've got your time covered -- second by second!"

Why do ballet dancers make great friends?

💡 They always support you on pointe!

What happens when a choreographer is stressed?

💡 They have a total breakdown -- a dance break, that is!

Keep laughing

That's **20 jokes** from ActiveForge. Made someone laugh? Try making up your own – the best jokes are the ones you tell.

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